**I am going to leave**

Planning to leave

I will call a domestic violence program and get help making my plans. The hotline number for the nearest program is .

I will leave money and an extra set of keys with so I can leave quickly.

I will keep copies of important documents and keys with so I can leave quickly.

I will leave extra clothes with .

I will keep important numbers and change for phone calls with me at all times. I know that my partner can learn who I’ve been talking to by looking at phone bills, so I can see if friends will let me use their phones and/or their phone cards.

I will ask and to see who would be able to let me stay with them or lend me some money.

I can increase my independence by opening a bank account and getting credit cards in my own name; by taking classes or getting job skills; by getting copies of all the important papers and documents I might need and keeping them with .

I can rehearse my escape plan and, if appropriate, practice it with my children.