

January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
		Swiss Steak w/tomato Mashed Potatoes Peas/Carrots Apple Slices Multigrain Bread Tapioca Pudding 1% Milk	BBQ Chicken Veggie Mix Potato Salad Tropical Fruit mix Hamburger Bun 1% Milk	Chicken Fried Rice Stir Fry Veggies Pineapple/ Man mix White Whlgrn bread 1% Milk	Taco Salad Shredded Cheddar Lettuce Tomatoes Pinto Beans Orange Corn Chips 1% Milk	
7	8	9	10	11	12	13
	Beef-mac Casserole Veggies Vanilla Pudding w/ Vanilla Wafers Pears 1% Milk	Hamburger w/cheese Steak Fries Salad Banana 1% Milk	Meatloaf Mashed potatoes Brown Gravy Pears & Strawberries Wheat Dinner Roll 1% Milk	Veggie Bean Burger Swiss Cheese Potato Wedges Salad Banana 1% Milk	Sloppy Joe's Potato Salad Carrots Apple Slices 1% Milk	
14	15	16	17	18	19	20
		Scrambled Eggs Turkey Sausage Hash Browns Applesauce Biscuit Oatmeal Square 1% Milk	Breaded Fish Coleslaw Spinach Citrus Fruit Mix Corn Muffin 1% Milk	Diced Chicken Cheddar Cheese Salad Chuckwagon Corn Stewed Apples Whole Wheat Tortilla 1% Milk	Mostaccoli Meat Sauce Italian Veggies Salad Pineapple/ man mix Italian Bread Graham Crackers 1% Milk	
21	22	23	24	25	26	27
	Tilapia Coleslaw Sweet Potatoes Peaches & Strawberries White Bread Oatmeal Raisin Cookie 1% Milk	Chicken Fried Steak Country Gravy Mashed Potatoes Green Beans Citrus Fruit Mix 1% Milk	Beef Stew w/veggies Salad Banana Biscuit 1% Milk	Chicken Breast Potatoes AuGratin Broccoli Pineapple/man mix Multigrain Bread Shortbread Cookies 1% Milk	Oven Fried Chicken Mashed Potatoes Gravy Green Beans Orange Cake Ice Cream Wheat dinner roll 1% Milk	
28	29	30	31	1	2	3
	Pulled Pork Hoagie Roll Corn w/peppers Coleslaw Apple Slices 1% Milk	Chili w/beans Shredded Cheddar Salad Peach Cobbler Crackers 1% Milk	Chicken Strips Potato Wedges Salad Orange Multigrain Bread Graham Crackers 1% Milk			
4	5	Notes				
	Pulled Pork Hoagie Roll Corn w/peppers Coleslaw Apple Slices 1% Milk	The Belton Senior Center is open Monday-Friday 8am-2pm. Lunch is served daily at 11:50 am. Reservations are required at least 24 hours in advance. There is a suggested contribution of \$3.00. Cancellation is required if you are not able to attend. Daily free time for puzzles, card games, board games and social time is 8 am until each programmed activity begins at 9:30 or 10 am.				