

AUGUST

2019

06/13/2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef Stew/vegs Salad/tom/car Banana Corn Muffin 1% Milk Margarine Lite Salad Dressing Ranch	2 Chicken Patty Potatoes O'brien Broccoli Watermelon HambBun WhoGrain 1% Milk Margarine Lite Miracle Whip
5 Salisbury Steak Gravy (Brown)Lo Sod Sweet potato Broccoli Fruit Cup/Citrus Wheat bread GrahamCrackers 1% Milk Margarine Lite	6 Tilapia, Battered Sweet potato Spinach Trop Fruit Mix White WhiGrn Bread 1% Milk Margarine Lite Tartar Sauce Vinegar ShortBread Cookies	7 BarBQ Beef Potato Salad Calf Blend Banana HambBun WhoGrain 1% Milk Margarine Lite	8 ChickenDicedSeasoned Chddr Cheese-RF Salad/tom/car Chuckwagon Corn Apples Stewed Tortilla Who Wheat 1% Milk Salad Dressing Ranch Taco Sauce	9 Mostaccioli/WhiGrn W/Meat-sauce Italian Veg Salad/tom/car Pineapple/man-or-mix Italian Bread GrahamCrackers 1% Milk Margarine Lite Salad Dressing Italian
12 Ribette/BBQ-Sauce Peas/Carrots Coleslaw w vin/drsg Pears & Straw 1% Milk HambBun WhoGrain Margarine Lite Oatmeal/Raisin Cookie	13 Mexican Taco Salad Shredded Cheddar Lettuce/D Tomatoes Mexicali Mix Orange Nacho Light chips 1% Milk Margarine Lite Taco Sauce	14 Pulled Pork WhiteCorn W/Pop Mex ColeSlaw Apple Slices HoagieRoll WhiGrn 1% Milk Margarine Lite	15 Chicken Parmesan Fett Ndl's(whi grn) Brussel Sprouts Salad/tom/car Banana White WhiGrn Bread 1% Milk Margarine Lite Salad Dressing French	16 Barbecue Chicken Prince Edw Mix Potato Salad Trop Fruit Mix HambBun WhoGrain 1% Milk Margarine Lite
19 Beef-mac/casserole Scandnav-veg Pears Vanille Wafl/Bari Pudding 1% Milk Wheat bread Margarine Lite	20 Chicken Strips Sweet Pot Wedges Salad/tom/car Orange GrahamCrackers Multigrain Bread 1% Milk Margarine Lite Sal Dress/1000 Honey Mustard	21 Sloppy Joe's Potatoes AuGrain Scandnav-veg Peaches & Strawb HambBun WhoGrain 1% Milk Margarine Lite	22 Fish (Breaded) Coleslaw w vin/drsg Spinach Trop Fruit Mix White WhiGrn Bread 1% Milk Margarine Lite Tartar Sauce Vinegar	23 Beef Pattie Salad/tom/car Steak Fries Banana HambBun WhoGrain 1% Milk Margarine Lite Salad Dressing Ranch Ketchup/Mustard
26 Chicken Fried Steak Gravy (country) Mashed Potatoes Green Beans Fruit Cup/Citrus Wheat Dinner Roll 1% Milk Margarine Lite	27 Tuna Salad Cucumber Onion Salad Potato Salad Fruit Delight Multigrain Bread 1% Milk Margarine Lite	28 ChickenBrstSeasoned Potatoes AuGrain Broccoli Pineapple/man-or-mix White WhiGrn Bread GrahamCrackers 1% Milk Margarine Lite	29 Peppersteak Stir Fry Veg Beets Pickled(Cold) Mandarin Oranges Multigrain Bread Rice 1% Milk Margarine Lite Soy sauce(low sod)	30 Chicken Oven Fried Gravy (Chicken,LS) Mashed Potatoes Broccoli IceCrm(FFSF) White WhiGrn Bread 1% Milk Margarine Lite Orange Cake

DAILY LUNCH MRS. 12:00 PM OVER 60 IS A SUGGESTED \$5.00 DONATION - ALL OTHERS \$5.75
RESERVATIONS AT SIGN IN TABLE 1 DAY IN ADVANCE THANK YOU

PLEASE CALL 816-348-7410