

**BELTON SENIOR CENTER SHELLY**  
**816-348-7410**  
**24 HR, NOTICE FOR**  
**RESERVATION OR CANCELLATIONS**  
**MAY 2019**

MONDAY	TUESDAY	WEDNESDAY 5-1	THURSDAY 5-2	FRIDAY 5-3
		CHICKEN SANDWICH COIN CARROTS TOMATO SLICE LETT & ONIONS WHEAT BUN BANANA 1% MILK	BALSAMIC STEAK AND TOMATOES RICE PILAF GARDEN SALAD STRAW & PEARS BANANA BREAD 1% MILK	BBQ PULL PORK BAKED BEANS GRILLED POT SALAD WHEAT BUN DICED PEARS BBQ SAUCE 1% MILK
MONDAY 5-6	TUESDAY 5-7	WEDNESDAY 5-8	THURSDAY 5-9	FRIDAY 5-10
ARTICHOKE CHICK ARTICHOKE SAUC WILD RICE ANAHEIM SALAD WHEAT ROLL CINN APPLES 1% MILK	TUNA SLAD ROASTED VEG QUINOA SALAD WHEAT BREAD FRESH FRUIT GRANOLA COOK 1% MILK	CLOSED	SPAGHETTI WITH MEATSAUCE IT BLEND VEGS SALAD MIX WHEAT BREADSTICK ORANGE 1% MILK	CHICK PHILLY SAND ONIONS/PEPPERS CAULIFLOWER DILL BABY CARROTS WHEAT BUN STRAW & PEARS 1% MILK
MONDAY 5-13	TUESDAY 5-14	WEDNESDAY 5-15	THURSDAY 5-16	FRIDAY 5-17
MEATLOAF POT AND GRAVY GREEN BEANS WHEAT ROLL PINEAPPLE 1% MILK	GROUND PORK STUFF PEPPERS STEAM SPINACH COIN CARROTS WHITE ROLL APPLE 1% MILK	CHICK SALAD SAND LETT, TOM & ONION BROCCOLI SLAW WHEAT BREAD FRUIT CRISP 1% MILK	BEEF TIPS W/ ONIONS AND PEPPERS RICE PILAF COLLARD GREENS WHEAT ROLL WATERMELON 1% MILK	FRIED CHICKEN LEGS MASH POT W GRAVY GREEN BEANS WHEAT ROLL CAKE AND ICE CREAM 1% MILK
MONDAY 5-20	TUESDAY 5-21	WEDNESDAY 5-22	THURSDAY 5-23	FRIDAY 5-24
SCRAMBLE EGGS TURK SAUSAGE O'BRIEN POTATOE OATMEAL W APPL RAISIN BREAD ORANGE JUICE 1% MILK	HAMBURGER LETT/TOM/ONION/ MAC & CHEESE BLEND VEGS WHEAT BUN CANTALOUPE 1% MILK	SWEET CHILI POLLOCK LEMON QUINOA BROC & SNOW PEAS HAWAIIAN ROLLS DICED PEARS NUTTY BUDDY RICE TREAT 1% MILK	BBQ CHICK SALAD WHEAT BREADSTICK ORANGE NONFAT YOGURT CUP 1% MILK	TURKEY W/ GRAVY MASH GARLIC POTATOES BRUSSEL SPROUTS WHEAT ROLL ORANGE 1% MILK
MONDAY 5-27	TUESDAY 5-28	WEDNESDAY 5-29	THURSDAY 5-30	FRIDAY 5-31
CLOSED	CHICK TAMALE PIE BLACK BEANS ROASTED ZUCCHINI MIXED MELON 1% MILK	ROAST BEEF BAKED POTATO GREEN BEANS WHEAT BREAD STRAW&PEARS 1% MILK	TACO SALAD PINTO BEANS LETT/TOM/ONION/ CHEESE TACO CHIPS MAND ORANGES 1% MILK	CHICKEN BREAST SAND LETT, TOM & ONION COIN CARROTS WHEAT BUN BANANA 1% MILK