

## ABOUT THE PROGRAM

The Missouri Senior Farmers' Market Nutrition Program (MoSFMNP) provides benefit vouchers to low-income seniors (60 years of age or older). Eligible seniors receive 10 vouchers (\$5 each), totaling \$50 annually.

Vouchers can be exchanged for eligible foods at a farmers' market with an authorized farmer.

- **Benefit vouchers issued to eligible participants:** May 1 - Aug. 31.

- **Participants can redeem vouchers:** May 1 - Sept. 30.

*The program will run  
May 1 - Oct. 31, annually.*

## REQUIRED DOCUMENTATION

### Age Verification (one of the following)

1. Driver License
2. Birth Certificate

### Income Verification (one of the following)

1. Maximum gross household income of not more than 185% of the annual federal poverty level.
  - Pay stub, income statement, W-2 or tax return
2. Participate in Missouri's Supplemental Nutrition Assistance Program (SNAP)
  - Must show current proof at time of application

### Residency Verification (one of the following)

1. Utility bill
2. Paycheck
3. Bank statement
4. Government-issued check
5. Paid property tax receipt
6. Housing rental contract

### Senior Farmers' Market Nutrition Program

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# SENIOR FARMERS' MARKET NUTRITION PROGRAM

*Participant Requirements*



# Locally Grown

*defined as within the state of Missouri*

**Senior Age**

**Area**

**Agency on**

**Aging**

Barry  
Christian  
Dade  
Dallas  
Douglas  
Greene  
Howell  
Lawrence  
Oregon  
Ozark  
Polk  
Shannon  
Stone  
Taney  
Texas  
Webster  
Wright

**Aging Ahead**

**AAA**

Franklin  
Jefferson  
St. Charles  
St. Louis City  
St. Louis County

**Cultivate KC**

Cass  
Clay  
Jackson  
Platte  
Ray



**FRUITS  
(fresh and unprocessed)**

*Examples include:*

apples, blackberries,  
blueberries, cherries,  
elderberries, gooseberries,  
grapes, melons, peaches, pears,  
raspberries and strawberries



**HONEY (pure/raw)**

*Examples include:*

comb honey, liquid honey,  
naturally crystallized honey  
and honey sticks

*Ineligible Foods*

- Products grown outside Missouri
- Dried fruits or vegetables
- Meats, seafood, eggs, cheese, processed goods or baked goods
- Potted fruits, vegetables or herbs
- Wild rice, nuts of any kind, maple syrup, cider, seeds and flowers



**VEGETABLES  
(fresh and unprocessed)**

*Examples include:*

asparagus, beans, beets,  
broccoli, cabbage, carrots,  
cauliflower, celery, corn,  
cucumbers, eggplant, greens,  
kale, kohlrabi, leeks, lettuce,  
mushrooms, okra, onions, peas,  
peppers, potatoes, pumpkins,  
radishes, rhubarb, rutabaga,  
salad mixes, spinach, squash,  
tomatoes, turnips and zucchini



**COOKING HERBS (fresh cut)**

*Examples include:*

basil, chives, cilantro, dill,  
fennel, garlic, marjoram,  
mint, oregano, parsley,  
rosemary, sage, savory,  
tarragon and thyme

**Vouchers can ONLY  
be redeemed at a  
farmers' market!**

