

BELTON SENIOR CENTER
816-348-7410

SHELLY
24 HR, NOTICE FOR
RESERVATION OR CANCELLATIONS
APRIL 2019

MONDAY 4-1	TUESDAY 4-2	WEDNESDAY 4-3	THURSDAY 4-4	FRIDAY 4-5
TACO SALAD PINTO BEANS LETT/TOM/ONION/ CHEESE TACO CHIPS MAND ORANGES 1% MILK	CHICKEN SANDWICH COIN CARROTS TOMATO SLICE LETT & ONIONS WHEAT BUN BANANA 1% MILK	BALSAMIC STEAK AND TOMATOES RICE PILAF GARDEN SALAD STRAW & PEARS BANANA BREAD 1% MILK	BBQ PULL PORK BAKED BEANS GRILLED POT SALAD WHEAT BUN DICED PEARS BBQ SAUCE 1% MILK	CLOSED SPRING LUNCHEON BELTON MIDDLE SCHOOL
MONDAY 4-8	TUESDAY 4-9	WEDNESDAY 4-10	THURSDAY 4-11	FRIDAY 4-12
TUNA SLAD ROASTED VEG QUINOA SALAD WHEAT BREAD FRESH FRUIT GRANOLA COOK 1% MILK	CHICK PAPRIKASH RICE PILAF BROCCOLI WHEAT ROLL FRUITED JELLO 1% MILK	SPAGHETTI WITH MEATSAUCE IT BLEND VEGS SALAD MIX WHEAT BREADSTICK ORANGE 1% MILK	CHICK PHILLY SAND ONIONS/PEPPERS CAULIFLOWER DILL BABY CARROTS WHEAT BUN STRAW & PEARS 1% MILK	MEATLOAF POT AND GRAVY GREEN BEANS WHEAT ROLL PINEAPPLE 1% MILK
MONDAY 4-15	TUESDAY 4-16	WEDNESDAY 4-17	THURSDAY 4-18	FRIDAY 4-19
GROUND PORK STUFF PEPPERS STEAM SPINACH COIN CARROTS WHITE ROLL APPLE 1% MILK	CHICK SALAD SAND LETT, TOM & ONION BROCCOLI SLAW WHEAT BREAD FRUIT CRISP 1% MILK	BEEF TIPS W/ ONIONS AND PEPPERS RICE PILAF COLLARD GREENS WHEAT ROLL WATERMELON 1% MILK	LEMON ROAST CHICK ROASTED RED POT SQUASH MEDLEY WW BREADSTICKS ORANGE 1% MILK	CLOSED GOOD FRIDAY
MONDAY 4-22	TUESDAY 4-23	WEDNESDAY 4-24	THURSDAY 4-25	FRIDAY 4-26
HAMBURGER LETT/TOM/ONION/ MAC & CHEESE BLEND VEGS WHEAT BUN CANTALOUPE 1% MILK	SWEET CHILI POLLOCK LEMON QUINOA BROC & SNOW PEAS HAWAIIAN ROLLS DICED PEARS NUTTY BUDDY RICE TREAT 1% MILK	BBQ CHICK SALAD WHEAT BREADSTICK ORANGE NONFAT YOGURT CUP 1% MILK	TURKEY W/ GRAVY MASH GARLIC POTATOES BRUSSEL SPROUTS WHEAT ROLL ORANGE 1% MILK	CHICK TAMALES BLACK BEANS ROASTED ZUCCHINI MIXED MELON 1% MILK
MONDAY 4-29	TUESDAY 4-30			
ROAST BEEF BAKED POTATO GREEN BEANS WHEAT BREAD STRAW&PEARS 1% MILK	TACO SALAD PINTO BEANS LETT/TOM/ONION/ CHEESE TACO CHIPS MAND ORANGES 1% MILK			