

**BELTON SENIOR CENTER SHELLY**

**816-348-7410**

**24 HR, NOTICE FOR**

**RESERVATION OR CANCELLATIONS**

**JANUARY**

**2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1-1 <b>CLOSED</b>	1-2 ARTICHOKE CHICKEN W/ ARTICHOKE TOPPING HERBED WILD RICE WHEAT ROLL ANAHEIM SALAD CINN APPLESAUCE 1% MILK	1-3 BBQ PULL PORK BAKED BEANS BROCCOLI WHEAT BUN STRAW/PEACHES BBQ SAUCE 1% MILK	1-4 VEG BEEF STEW SQUASH MEDLEY WHITE ROLL CHOC PUDDING RAISIN BOX 1% MILK
MONDAY 1-7	TUESDAY 1-8	WEDNESDAY 1-9	THURSDAY 1-10	FRIDAY 1-11
CHICK SAND COIN CARROTS SWEET POTATO WEDGES TOM/ ONION/LETT WHEAT BUN BANANA	TACO SALAD PINTO BEANS CHEESE/LETTUCE TOM / ONIONS CHIPS MAND ORANGE 1% MILK	LENTIL VEG SOUP 1/2 TURKEY SAND KALE VEGGIE SALAD LEAF LETT/TOMATO/ RED ONION SLICES STRAW/PINEAPPLES 1% MILK	CHICK BROC BROWN RICE CASSEROLE IT BLEND VEGS WW BREADSTICKS BAKED APPLE 1% MILK	SPAGHETTI WITH MEATSAUCE BROCCOLI SALAD MIX WHEAT BREADSTICK DICED PEARS ITALIAN DRESSING
MONDAY 1-14	TUESDAY 1-15	WEDNESDAY 1-16	THURSDAY 1-17	Friday 1-18
CHICK PHILLY ON/PEPPERS O'BRIEN POTS DILL CARROTS WHEAT BUN PEAR 1% MILK	MEATLOAF POT AND GRAVY GREEN BEANS WHEAT ROLL PINEAPPLE 1% MILK	PORK STEW HONEY ROASTED PARSNIP WHEAT ROLL 1% MILK	HAM&BEANS WITH ONIONS COLLARD GREENS CORN MUFFIN FRUIT JELLO 1% MILK	FRIED CHICKEN LEGS MASH POT W GRAVY GREEN BEANS WHEAT ROLL CAKE AND ICE CREAM 1% MILK
MONDAY 1-21	TUESDAY 1-22	WEDNESDAY 1-23	THURSDAY 1-24	FRIDAY 1-25
<b>CLOSED</b>	BEEFY BUTTER- NUT SQUASH BLEND VEGS WHEAT ROLL STRAW/PEARS 1% MILK	SCRAMBLE EGGS TURK SAUSAGE O'BRIEN POTATOES OATMEAL W APPLES RAISIN BREAD ORANGE JUICE 1% MILK	PUB CHEESEBURGER CHEESE/ LETT/ TOM ONIONS POT WEDGES MARIN VEG SALAD WHEAT BUN DICED PEARS 1% MILK	BLACKEN TILAPIA WITH PEPPERS MAC % CHEESE BROCCOLI RYE BREAD DICED PEACHES SUGAR COOKIES 1% MILK
MONDAY 1-28	TUESDAY 1-29	WEDNESDAY 1-30	THURSDAY 1-31	FRIDAY
BEEF & BEAN CHILI CHEESE/ONION APPLE JICAMA SLAW STRAW/PINE CRACKERS 1% MILK	TURKEY W/ GRAVY MASH GARLIC POTATOES CRANBERRY BRUSSEL SPROUTS WHEAT ROLL ORANGE 1% MILK	PORK CABBAGE SAUTE HERB ROASTED CAULIFLOWER WHEAT ROLL ORANGE 1% MILK	SLICE ROAST BEEF CHEESY GRITS GREEN BEANS BREAD STRAW&PEARS 1% MILK	